

# New Mexico State University Student-Athlete Handbook

Fall 2022 - Spring 2023

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## LETTER FROM DIRECTOR OF ATHLETICS

Dear Aggie Student-Athlete:

It is with great pride and pleasure that I welcome you to New Mexico State University. As Director of Athletics, I want to personally assure you that our administration, coaches and staff are prepared to assist you with your academic and competitive endeavors in every way possible. We are proud of the many accomplishments attained on an annual basis by Aggie student-athletes and we are committed to making sure that your experience is rewarding, fulfilling and successful.

This Student-Athlete Handbook was created to assist you in achieving success. You will find detailed information about our Intercollegiate Athletic program and services, as well as campus resources, available for your use. I encourage you to take full advantage of the broad-base programs that are



offered and strive for excellence in both your academic and athletic pursuits.

If I, or any member of the Athletics staff, can be of assistance to you, please feel free to contact us. I wish you great success in the classroom and in competition this year.

AGGIE UP!

Sincerely,

Mario Moccia

Director of Athletics

NM State University Class of '89



## **JOURNEY TO EXCELLENCE**

Educating Student-Athletes for the G.A.M.E. of L.I.F.E. © 2022-2023

#### ACADEMIC HIGHLIGHTS

Once again, the NM State Aggie student-athletes captured another fantastic academic year with all 16 NMSU Men's and Women's Sports Teams cumulative grade point averages combined at or above a 3.00 GPA:

All 16 Men's & Women's Sport Teams Fall 2021 & Spring 2022 cumulative GPA combined was a 3.17

#### 2021-2022 SCHOLAR ATHLETE REPRESENTATION

For the past 17 years, 34 consecutive semesters, Scholar-Athlete representation (3.000 semester and cumulative grade point average or higher) was higher than 50% of the student-athlete population:

 252 out of 403 (63%) student-athletes maintain a 3.00 cumulative GPA or higher for the 2021-2022 academic year.

#### PERFECTION!

- 45 student-athletes posted a PERFECT 4.00 Fall 2021 Semester GPA.
- 40 student-athletes posted a PERFECT 4.00 Spring 2022 Semester GPA.

#### **GRADUATION!**

- 86% of the scholarship student-athlete population graduate from NMSU
- 75 student-athletes graduated during the 2021-2022 academic year.

#### **CREDITS EARNED: FALL 2021 & SPRING 2022**

Student-athletes earned 5,153 credits Fall 2021 for an average of 13 per student-athlete Student-athletes earned 5,223 credits Spring 2022 for an average of 13 per student-athlete

## **124 - ACADEMIC ALL-WAC AWARDS (2020-2021)**

Academic All-WAC Conference awards are awarded to student-athletes who have been with the institution for one academic year; carry a cumulative grade point average of 3.2 or higher; and participated in at least 50% of the team's contests.

#### **ACADEMIC 3.0 HONOR NIGHT**

275 student-athletes earned a 3.000 GPA between Spring 2021 and Fall 2021 and were honored at halftime of a men's basketball game.

#### **COMMUNITY SERVICE**

Due to COVID-19 student-athletes were not able to take part in community service activities during the 2021-2022 academic year!!!



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## NMSU ATHLETICS DEPARTMENT MISSION STATEMENT

To support the vision of New Mexico State University by providing an athletic program of local and national acclaim in an equitable, diverse environment that supports student-athlete excellence in academics and athletics, and that engages the University community and stake holders in achieving and celebrating Aggies' success.

## **POLICIES ON CONDUCT**

NMSU has established a tradition of ethical conduct at all levels of university life. Violations of NMSU policy regarding academics, residence life, and general conduct are handled in the same manner as for the general student body. However, the Athletic Department and respective Head Coaches may implement additional sanctions, if warranted. In accordance with this tradition, all student-athletes involved in the intercollegiate athletics program are expected to represent the university in a sportsmanlike manner at all times and in all places. This includes, but is not limited to Social Networking Sites, such as Twitter, Facebook, etc.

## **UNIVERSITY TICKETS, FINES AND FEES**

You are responsible for paying all University fines assigned to you. This includes, but is not limited to, fines for dorm damages, overdue library books, telephone charges, and unpaid parking tickets. Failure to pay such fines could jeopardize your registration for classes. Student-athletes are responsible for all online course fees. Scholarship student-athletes who are on full athletic grant-in-aid may request to have this fee covered by his/her scholarship ONLY IF the class is in his/her major AND it is not offered on campus.

## **TEAM RULES**

Each Head Coach has the option to prepare team rules that apply for each new season.

## TEAM TRAVEL CONDUCT

Any student-athlete and/or student serving in an official capacity for the NMSU Athletics Department are representatives of New Mexico State University.

As a representative of the University such students traveling individually or as a team/group to an intercollegiate athletic contest shall agree to abide by the laws of the State of New Mexico, the local state government, University policies, Department of Intercollegiate Athletics policies, and team rules. Student-athletes and/or students serving in an official capacity for the Department of Intercollegiate Athletics shall be responsible for acting in accordance with such laws, policies, and rules during the entire period of travel and competition.

## **ETHICAL CONDUCT - SPORTS PARTICIPATION**

- You must compete with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play [NCAA Bylaw 10.01.1].
- You are not eligible to compete if you have shown dishonesty in evading or violating NCAA regulations [NCAA Bylaw 14.01.3].

#### SPORTSMANLIKE CONDUCT

All student-athletes are expected to conduct themselves both on and off the field in a manner that will bring respect to their teammates, coaches, and university. The New Mexico State University fully supports the principles of sportsmanship adopted by the National Collegiate Athletic Association and the Western Athletic Conference. It does so not only because it is a member of those organizations, but more importantly because the concept of sportsmanship embodies the principles on which this and other great universities have been established: the attainment and celebration of excellence, respect for and acceptance of those with whom we differ, and our commitment to the highest standards of integrity.

#### ATTAINING AND CELEBRATING EXCELLENCE

Whether it is grades, promotion and tenure, or graduation; New Mexico State University is committed to the principle that the rewards it bestows; should be granted on the basis of adherence to community standards. These celebrations are the time when the campus recognizes those who have excelled in meeting these standards and the campus's ultimate goal – acquiring and advancing knowledge. In sponsoring intercollegiate athletics, the university provides opportunities for students not only to achieve excellence in sports, but also to attain the life skills associated with participation in sports that will benefit them personally and professionally. It is entirely appropriate that we, as a community, enthusiastically support their efforts. In doing so, we gain a source of campus unity and an appreciation of the commitment of student-athletes to achieving personal excellence. New Mexico State University sportsmanship implies and perhaps requires that we support our teams as they strive for excellence in their sport.

#### RESPECT

In an environment that celebrates diversity and freedom of expression, we must respect the opinions and rights of others. Our commitment to freedom of expression must not result in the denial of others' rights and/or the creation of an environment that discourages an individual's participation in campus life. Achieving the right balance amongst these, sometimes conflicting interests, is one of the most difficult challenges a civil society faces.

In intercollegiate athletics, this balance can be achieved only by maintaining respect for the game, our teams, the opponent, and our institution. We celebrate the contest and the spirit of competition, but must remember that the value of victory is measured by the esteem one holds for the opponent. Thus, sportsmanship entails respecting our student-athletes and their opponents as well as the officials, coaches, and fans. It means celebrating performance – by either side. Our campus values require that respect – for the game and our campus – must be a fundamental component of our understanding of sportsmanship.

#### INTEGRITY

Acts that violate our integrity strike at the very heart of our campus. Whether it is plagiarism, cheating, or fraud, by students; faculty; or staff, lack of integrity cannot be tolerated. Increasingly the campus has focused attention on the integrity of the educational enterprise and research. No less important is an intercollegiate athletics program that meets the highest standards of integrity. For this reason, the campus has positioned itself as a leader in the NCAA certification process. Winning within the rules must be one of the components of our understanding of sportsmanship and WAC rules governing sanctions and sportsmanship violations. New Mexico State sportsmanship means that administrators, coaches and participants must know the rules and be committed to following them.

## **DIVERSITY/PRAYER POLICY**

Our student-athletes come from many diverse socio-economic backgrounds. In addition, they represent many different ethnic and religious groups. For many, the college experience is extremely foreign to what they are used to. Critical to their success as both students and athletes is a need for them to feel comfortable in their surroundings. Coaches also play a role as teachers to these students as well as at many times surrogate parents. The hours that coaches spend with student-athletes will forever impact their development.

For these reasons, it is essential that all of us recognize them as individuals and appreciate their individuality. This also requires us to understand who they are and be sensitive to what their backgrounds have been.

One issue that is particularly sensitive to individuals is one's religion. Unintended actions often times result in unintended reactions. This country was founded upon an essential belief in freedom of religion and religious expression.

#### ACADEMIC CONDUCT

All student-athletes must abide by the New Mexico State Student Handbook Academic Conduct Policy. Students at NMSU are expected to observe and maintain the highest academic, ethical, and professional standards of conduct. Any student found guilty of academic misconduct shall be subject to disciplinary action per the NMSU Student Handbook. Academic misconduct includes, but is not limited to, the following actions:

- Cheating or knowingly assisting another student in committing an act of cheating or other forms of academic dishonesty;
- 2) Plagiarism, which includes, but is not necessarily limited to, submitting examinations, themes, reports, drawings, laboratory notes, undocumented quotations, computer-processed materials, or other material as one 's own work when such work has been prepared by another person or copied from another person;
- Unauthorized possession of examinations, reserve library materials, or laboratory materials;
- Unauthorized changing of grades on an examination, or on a grade report; or unauthorized access to academic computer records;
- 5) Nondisclosure or misrepresentation in filling out applications or other university records in, or for, academic departments or colleges.

## **ACADEMIC EXPECTATIONS**

New Mexico State University and its Department of Athletics are committed to providing all student-athletes with the best possible opportunities to succeed academically. In accepting admission to the University, student-athletes agree to pledge themselves to pursuing and earning a degree as well as the responsibility of meeting their athletic obligations.

### **ALL STUDENT-ATHLETES EXPECTATIONS**

- 1. Acknowledge that earning an undergraduate degree is the primary goal of being a collegiate student-athlete.
- 2. Attend all classes except when traveling to represent the University in intercollegiate competition.
- 3. Be prepared for class and participate in class discussions.
- 4. Complete all academic assignments on time and take all course examinations.
- Meet with college academic advisors to seek approval for course registration and assistance with procedures related to course schedule adjustments and academic matriculation.
- 6. Attend all Academic Support Programs and Services Center (ASPSC) consultation, tutoring, study hall, review sessions as scheduled and declaration of degree.
- 7. Maintain the status of full-time enrollment.
- 8. Make satisfactory progress towards a degree as defined by your Academic College and the NCAA.
- Maintain academic eligibility for practice and competition as defined by New Mexico State University and the NCAA.
- 10. Properly inform instructors, by the 10th day of fall and/or spring semester, of expected class absences due to travel to official intercollegiate competitions.
- 11. Abide by the New Mexico State University rules and regulations governing student conduct paying particular attention to and abiding by the code of academic integrity.
- 12. Be responsible, considerate and aware of rules and regulations in reference to plagiarism, Canvas environment, as well as online social networking sites.

# ACADEMIC SUPPORT PROGRAMS AND SERVICES CENTER (ASPSC)

New Mexico State University Academic Support Programs & Services Center is committed to providing quality educational services that achieve academic, personal and career success for all student-athletes. The ASPSC offers a full range of support and referral services to assist student-athletes in their holistic growth and development. The Associate Athletics Director provides the overall leadership to the unit as well as partnership to Student Affairs on campus. The Director of the ASPSC supervises the day to day operational aspects of the center with a highly qualified staff including: two full time Academic Coordinators, one Learning Specialist and Student Development Specialists who are all dedicated to helping student-athletes develop the skills necessary to become independent and successful learners.

The ASPSC Staff utilizes Canvas to provide up to date information on helpful resources; deadlines; and pertinent information and changes. Student-athletes are expected to "accept" the ASPSC class on their Canvas page and refer to it regularly.

We currently serve 400 student-athletes, with an average of 90 coming through our doors on a daily basis for a variety of reasons. Our academic center is open 67 hours a week for student athletes to engage in their educational pursuit through the programs and services. With the appropriate internal and external personnel and resources working towards the common goal of graduation, every student-athlete will be assured to have the necessary tools to maintain and surpass steady progression toward their fulfillment of their degree requirements.

The ASPSC Staff understand that participating in NCAA Division I athletics presents additional challenges for student-athletes. The ASPSC provides student-athletes with an environment that promotes respect and integrity for academic honesty and success. We are devoted to coordinating and implementing a variety of support systems to encourage the academic success of our student-athletes as they pursue their college degrees and athletic goals.

The most comprehensive aspect of the programs and services we offer to student-athletes is our Early Warning Academic System which was designed and implemented to improve our student-athletes continued success by establishing communication with Professors to ensure strong academic progress throughout each semester. One branch of the system is the Professor E-mail Academic Requests that are sent out periodically during each semester which helps create a one-to-one intervention throughout the semester between the professor/instructor, student-athlete and academic office for student-athletes. As a partnership, this method provides an avenue for continued communication throughout the semester on concerns such as academic progress in the course and class attendance. This method has been shown statistically to connect the student-athlete's class attendance and their correlation to academic success. Ultimately, the Early Warning Academic System provides a better connection for the student-athlete to utilize the various programs and services offered to them through ASPSC.

## ACADEMIC SUPPORT CENTER

The Academic Support Programs and Services Center (ASPSC) is located in the Fulton Center and provides an environment conducive to study for all student-athletes. The ASPSC includes an Internet Lab, Writing Lab, learning lab rooms for individual or group study and tutor/mentor meetings as well as a classroom for team study and/or presentations. In most cases, student-athletes are required to complete eight (8) hours of study hall each week in the academic center. Study Hall hours are required for all incoming freshman, transfer students, and returning student-athletes with less than a 2.5 cumulative grade point average. It is the student-athlete's responsibility to sign-in and sign-out when using the ASPSC. Student-athletes will be notified if they are required to complete study hours and they will be expected to do so until their academic status changes. All student-athletes must follow written policies when utilizing the ASPSC. A copy of these policies is available for review at the front desk of the ASPSC. Coaches are immediately notified when a student-athlete fails to follow the rules. Consequences for failure to follow the rules may result in the student-athlete's suspension from the Center. Coaches in each sport receive a weekly study lab report.

The ASPSC offers several academic services to all student-athletes that include: expert tutoring, mentoring, and academic support are available for all levels of course work. All services through the ASPSC emphasize the importance of education and guide student-athletes to develop the skills necessary to become independent and successful learners.

## **ACADEMIC SUPPORT SERVICES**

**TUTORS** (available to all student-athletes) – provide specialized assistance in specific subject areas. The intent of the tutoring program is to supplement and support sound education practices (class attendance, note-taking, reviewing and preparing properly for quizzes and exams, and staying current with all assignments) which are imperative for academic success for all students. The purpose of the tutoring program is enhancing their understanding of the material, **not to do student-athletes' work for them**. Tutoring is available for all student-athletes throughout the academic year. At the student athlete's request, he or she is assigned a tutor. The tutor and student-athlete work together to develop the independent thinking and learning skills necessary to achieve positive success in the classroom.

All student-athletes are encouraged to actively participate in this program. The tutors hired by ASPSC are generally upperclassmen and graduate students who have outstanding academic backgrounds. These tutors are required to attend orientation sessions with ASPSC Staff, Athletic Compliance Office staff, and University Student Support Service Staff. These sessions provide training in the areas of responsibilities of the tutor including, but not limited to, study skills techniques, rapport building, interpersonal communication, and many other skill areas that will enable them to be effective in their positions. Student-athletes can request a tutor at the ASPSC. If they should encounter a problem with a tutor assignment, they need to speak with ASPSC Staff. When a student-athlete requests a tutor, he or she is expected to:

- Attend all scheduled appointments
- Be on time for all scheduled appointments
- Come to the appointments prepared

If a study-athlete is not able to attend a scheduled meeting, he or she <u>must</u> contact the tutor prior to the scheduled appointment.

**LEARNING SPECIALIST** – The Learning Specialist develops a unique, individualized plan with students to reach their academic goals. The Learning Specialist provides academic coaching and support for students who may not know where to start or how to reach their personal potential. The goal of the Learning Specialist is to help you achieve.

The Learning specialist will:

- Discuss your learning strengths and weaknesses
- · Establish learning goals with you
- Discover your best learning strategies
- · Identify campus resources you should use
- Develop an individualized action plan for you to implement

MENTORS (available to all student-athletes; mandatory for 1st semester freshman, transfers, and certain other designated pre-selected student-athletes whose academic profile is marginal) – provide study skills assistance for those needing help in the areas of test preparation, time management, note-taking, and organizational skills. The primary focus will always be the academic performance of the student-athlete being mentored. Mentors will establish relationships that are especially nurturing to their student-athletes' psychological and social well-being during their assigned student-athletes' college career. These trained mentors will normally spend 1-2 hours per week with an assigned student-athlete working on academically related topics as well as assist with any concerns a student-athlete may have related to his or her academic progress.

**PRE-ADVISING SERVICES** – works in cooperation with advisors in the various academic colleges to ensure that factors such as degree progress, course selection, practice times, and travel schedules are addressed in the student-athlete's schedule of classes. Pre-advisement is required for all freshman regardless of major, all 1st and 2nd semester transfer student-athletes, all those who have not declared a major or who are changing their major, and all student-athletes who have less than a 2.5 cumulative GPA.

**PROGRESS MONITORING** – At least once each semester, each student-athlete's academic progress, attendance and participation is requested from their instructors. This information is then shared with the student-athlete, their coaches and is used to monitor how the student athlete is performing in the classroom. Strategies may then be implemented to address any deficiencies on a case-by-case basis. If you wish to have a printout of your Academic Progress Report, you may request one in the ASPSC.

A+ AGGIE PROGRAM – focused on student-athletes who need additional support and programs for academic, personal and career development. While, all student-athletes have access to the A+ Aggie Program, our priority is given to those who have tested into developmental courses, has a documented learning disability or who have been identified as having a marginal academic profile based on their high school or NMSU academic portfolio. The mission is to teach and promote lifelong educational, personal and career skills for student-athletes. In addition, personalized attention is given to each student through a collaboration of individual and group services with program goals focusing on providing assistance, advice, teaching and encouragement in specific content and general study skill areas. Ultimately, the training mechanisms will enhance and develop thinking and homework skills for student athletes to progress and advance towards the supplement of tutoring and mentoring opposed to the need of the services.

STUDY LABS – Provide an environment conducive to study for all student-athletes. This includes an Internet lab, writing computer lab, and learning labs for study groups, tutor/mentor meetings, and individual study. Study hall hours are generally required for all incoming freshman and transfer student-athletes as well as returning student-athletes with less than a 2.5 GPA. In most cases, student-athletes must complete 8 hours per week in the ASPSC. Student-athletes will be notified by their coaching staff if they are required to attend study hall and will be expected to do so until their status changes. Study hall hours are reported to head coaches and academic liaisons every Monday or throughout the week when requested.

**REGULAR CONFERENCES** – Regular meetings are established with Head Coaches/ Academic Liaisons in each sport and the Team's Academic Coordinator to discuss academic areas of concern.

**GUEST SPEAKER SERVICES** – Each year the Athletic Department may sponsor occasional workshops and seminars on the most pressing issues as they relate to the lives of student-athletes. Our Continuing Educational Programming will focus on today's enhancements, concerns, and topic of interest impacting the lives of student-athletes. Past seminar topics have included gambling and eating disorders.



## **ACADEMIC POLICIES AND PROCEDURES**

## AGGIE CLASSROOM & ACADEMIC APPOINTMENT EXPECTATIONS

New Mexico State University Academic Support Programs and Services Center is committed to providing quality educational services that achieve academic, personal, and career success for all student-athletes. Our goal is to create an equitable, diverse environment that supports student-athletes' excellence in academics and athletics that engages the university community and stakeholders in achieving and celebrating Aggies' success.

In order to increase academic progress and productivity for our student-athletes organized practice activities; length of respective playing seasons; the number of regular-season contest/dates of competition; and participation in non-collegiate-sponsored athletics activities has been modified. No class time or scheduled academic appointments shall be missed for practice activities. Student-athletes are expected to attend every class meeting, complete all assignments and exhibit appropriate behavior in class. Student-athletes are required to be on time for every class and remain in class for the duration of the class period. If unforeseen circumstances cause a student-athlete to be late or miss class, he/she should meet with the professor/instructor after class or make an appointment during office hours to explain the circumstances.

Pre-selected student-athletes, due to their marginal academic profiles, are also required to attend all assigned academic appointments (study hall, mentoring, tutoring, Learning Specialist, major advisor and athletic advisor meetings) throughout the course of the semester.

Students will be excused from their classes when they are representing NMSU on a university sponsored event per University Attendance and Student Performance policy. If a student-athlete must miss class due to serious injury or serious illness, he/she must submit official medical documentation to the *Academic Support Programs and Services Center* and his/her respective professors/instructors within 24 hours of returning to class.

Student-athletes bear the responsibility of informing and making arrangements with their professors/instructors for completing all missed assignments due to absences for competition, serious illness or medical reasons.

Problems in completing missed assignments due to athletic competition, serious illness, or medical reasons are to be reported to the ASPSC immediately. Student-athletes are not permitted, under any circumstance, to miss class to attend practice.

## **AGGIE SUMMER SCHOOL & FIFTH-YEAR GRANT-IN-AID POLICY**

The New Mexico State Athletics Department is committed to helping every student-athlete graduate in a timely manner. Because of a variety of circumstances, student-athletes sometimes require additional semesters and/or summer school to meet degree requirements.

In order to financially assist student-athletes with the completion of their degree or to ensure their eligibility for the next year, the Athletics Department has established a special fund to defray the costs. All fifth-year (granted only when athletic eligibility has been exhausted) and summer school awards are for the value of the student-athletes athletic scholarship the previous year.

#### **ACADEMIC CRITERIA**

## Priority for summer school and fifth-year aid funding is given contingent upon availability of funds to:

- Seniors who will be graduating Spring and need to complete a course(s) Summer to complete graduation requirements
- 2) Seniors who need to take a course(s) Summer to graduate at the conclusion of Fall semester
- Student-athletes who need to take a prerequisite course(s) Summer in order to be able to take other required courses Fall semester
- 4) Student-athletes who need to meet NCAA eligibility requirements prior to Fall semester

#### **ADDITIONAL CRITERIA**

- 1. In all cases, only student-athletes who received an athletic scholarship at New Mexico State the previous year will be considered.
- 2. Only student-athletes who have exhausted athletic eligibility and not yet earned their Bachelor's Degree may apply for fifth-year aid.
- All applicants are encouraged to apply for University controlled financial aid through the Financial Aid Office. If the student-athlete qualifies for such aid, it will become part of his/her total grant-in-aid package.

#### **APPLICATION**

- The student-athlete must submit the summer aid and fifth-year aid application form with a plan for degree completion to the Academic Support Programs & Services Center by the deadline determined each spring. <u>Obtaining the required information on this form is the</u> responsibility of the student-athlete.
- 2. Applications submitted after the stated deadline will only be approved on a case by case basis.

#### AWARDING OF GRANTS

- 1. Awards for all additional aid are contingent upon availability of funds.
- 2. Awards are contingent upon the student-athletes' satisfactory progress toward degree and maintaining academic eligibility.
- Award recipients are required to maintain full-time academic status and continue to meet NCAA progress regulations. Student-athletes in their last semester prior to graduating may request permission to take less than a full-time schedule from the Athletic Advisor and the Compliance Office.
- 4. All awards are granted upon the final approval of the Director of Athletics.

## RENTAL BOOK SCHOLARSHIPS

Under NCAA Bylaw 15.2.3 (Books), New Mexico State University may provide a student-athlete financial aid that covers the actual cost of <u>REQUIRED</u> course-related books. Student-athletes receiving a book scholarship shall be notified by his/her respective coach that a book scholarship has been granted prior to the start of each academic year or for mid-year entrants, prior to the start of the semester of enrollment. Eligible participants are responsible for adhering to the procedures for receiving and returning the books that they are issued through the book scholarship program.

## **RECEIVING BOOKS**

- Book forms will be available in the Academic Support Programs and Services Center
  for the student-athlete at the start of each semester. Each book form must be signed by a
  member of the ASPSC staff before taking it to the bookstore. Students will be expected to
  provide a copy of the course syllabus showing the required texts or a booklist from Barnes
  & Noble as well as a copy of his/her class schedule.
- 2. If a student-athlete drops a course and adds another after picking up his/her original book form, he/she must return the unused books to the ASPSC before another book form will be given.
- All books and/or course packets not available through the University bookstore must be
  first purchased by the student-athlete. The student-athlete should then bring the original
  receipt, a copy of his/her syllabus, and a copy of his/her class schedule to the ASPSC for
  reimbursement.

#### HOUSING & RESIDENCE LIFE

#### GENERAL INFORMATION

All students who live in on-campus housing are responsible for any charges related to the condition of their room at check-out. Students will be required to pay a \$250 deposit at the beginning of the academic year. Assuming the room is kept according to policy and procedure, students should receive their deposit upon the end of the academic year. Students are expected to leave their room/apartment "broom clean" at the time of check-out and free of possessions, trash, debris, etc. All rooms/apartments are inspected prior to occupancy and residents are provided a copy of their Room Condition Report (RCR) documenting move-in condition. Residents are advised to review their RCR to ensure they agree with the assessment of their room/apartment. Any areas of disagreement should be brought to the attention of Housing staff immediately so the RCR can be updated.

At the time of check-out, it is recommended that residents do a walk-through of their room/ apartment with a Housing staff member to assess the closing condition. All damages that were not noted on the move-in RCR become the responsibility of the resident along with any charges for trash or debris removal. These charges are posted to the students' accounts; athletic scholarship funds may not be used to pay these charges. Lack of payment can result in blocks which can prevent registration and the issuing of diploma, and transcripts.

## PRE-SEASON/POST-SEASON HOUSING

Coaches will make arrangements for preseason/postseason housing and meals when student athletes are required to participate in preseason practice or postseason competition.

#### **CAMPUS BREAK HOUSING**

For student-athletes who are required to stay on campus during a break period for practice and/or competition, housing arrangements will be made by the coach, with the assistance of the Associate AD/Student Development. Other student-athletes who elect to stay on campus during a break must make arrangements through the Housing Office (student pays own fees).

## **TEAM TRAVEL POLICY**

In order to minimize interference with student-athlete's academic programs, coaches will limit organized practice activities, the length of their playing seasons, the number of regular-season contest/dates of competition, and participation in non-collegiate-sponsored athletics activities.

No class time shall be missed for practice activities except when a team is traveling to an away contest and the practice is in conjunction with the contest.

Student-athletes are expected to attend every class meeting unless competition, serious injury, or serious illness prevents such attendance. Students who must miss class to represent the University or to participate in a University-sponsored activity will be excused per University policy. "Students making satisfactory progress in their classes will be excused from classes when they are representing NMSU on a university sponsored event. Authorized absences do not relieve the student of their class responsibilities. Prior written notice of the authorized absence will be provided to the instructor by the sponsoring department."

The Academic Support Programs & Services Center generates a "Travel Excuse Letter" which notifies each respective professor/instructor of a student-athletes competition and or travel dates. The "Travel Excuse Letter" will be emailed to professors by the ASPSC staff at the beginning of each semester. The letter includes the student-athlete's name, sport, identification number, sport schedule and dates of classes the student-athlete will be missing for away-travel and pre-game home competition when applicable. If there are potential problems or concerns based on the professor/instructor class syllabus (i.e. too many class days missed or absent on testing dates) it is advised that the student-athlete speak with their Athletic Academic Coordinator. Changes to class schedules are not permitted after the second week of class without departmental signatures so it is imperative that class alternatives be handled within the first week of classes. Student-athletes are expected to be on time for every class and remain in class for the duration of the class period. If unforeseen circumstances cause a student-athlete to be late or miss the class, he/she should meet the professor/instructor after class or make an appointment to apologize and explain the circumstances.

## NCAA INITIATIVE: STUDENT-ATHLETE AFFAIRS PROGRAM

The NCAA Student-Athlete Affairs unit provides life skills support in the areas of academics, athletics, personal development, career development and service through the distribution of accessible resources, strategic partnerships and customized programming at little or no expense to member institutions. Student-Athlete Affairs programs, resources and events are designed to promote the well-being and development of student-athletes and to provide on-going education and training to athletics professionals who identify and serve student-athlete needs.

The mission of the NCAA is to maintain intercollegiate athletics as an integral part of the campus education program and the student-athlete as an integral part of the student body. With this in mind, Student-Athlete Affairs was created to support the student-athlete initiatives of NCAA member institutions and to enhance the quality of the student-athlete experience within the context of higher education.

In the process of achieving this mission, the Student-Athlete Affairs will:

- Promote student-athletes' ownership of their academic, athletic, career, personal and community responsibilities.
- Meet the changing needs of student-athletes.
- Promote respect for diversity and inclusion among student-athletes.
- Assist student-athletes in identifying and applying transferable skills.
- Enhance partnerships between the NCAA, member institutions and their communities for the purpose of education.
- Foster an environment that encourages student-athletes to effectively access campus resources.
- Encourage the development of character, integrity and leadership skills.

## STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

#### MISSION

The mission of the New Mexico State Student-Athlete Advisory Committee is to enhance the total student-athlete experience by promoting opportunity, protecting student-athlete welfare, and fostering a positive student-athlete image.

#### **PURPOSE**

- 1. To generate a student-athlete voice within the university structure by supplying a vehicle of communication between the athletic administration and student-athletes.
- 2. To provide equal and representative input of NMSU student-athletes.
- 3. To solicit student-athlete responses to proposed conference and NCAA legislation.
- 4. To build a sense of community within the athletic program involving all athletics teams.
- 5. To organize community service efforts.
- 6. To promote a positive student-athlete image on campus.

#### COMPOSITION

The Aggie SAAC is composed of one or two student-athletes from each team who compete in their respective varsity sport at NMSU. Ex-officio members include the Athletics Director, the Associate Athletics' Director for Student Development, the NCAA Faculty Representative, the Director for Compliance and Eligibility, the Senior Women's Administrator and the Staff Advisor.

## OFFICERS (THE OFFICERS MAKE UP THE COMPOSITION OF THE EXECUTIVE COMMITTEE)

- 1. Executive Leadership preferably from different teams
  - a. Preside over meetings.
  - b. Serve as liaison to the Athletics Department.
  - c. Function as spokespersons from NMSU to the community.
  - d. May represent NMSU at Conference SAAC meetings.
  - e. Meets regularly with SAAC Advisor
- 2. Committee Chairs
  - a. Presides over his/her assigned committee
  - b. Meets regularly with the SAAC Executive Leadership to go over committee work

#### REPRESENTATIVES

Terms for the student-athletes are parallel to his/her eligibility; as long as a student-athlete is eligible to compete in his/her sport, he/she may remain on the SAAC.

When a member completes his/her eligibility, it is his/her duty to select and mentor the next student-athlete to represent his/her team. This selection process will promote a sense of personal responsibility to the success of the NMSU SAAC.

## **RESPONSIBILITIES OF REPRESENTATIVES**

- Attend monthly meetings.
- 2. Communicate to their team and administration.
- 3. Serve on subcommittees as they are incidental to the SAAC.
- 4. Commit to SAAC projects.

#### **MEETINGS**

The committee meets in person twice monthly, unless otherwise indicated by schedule. The committee may also meet and communicate via email and phone if necessary between meetings.

## COMMUNITY SERVICE

New Mexico State University's Athletic Department, along with Mr. Mario Moccia, has established a plan in which all student-athletes are expected to complete a 15-hour requirement of Community Service per year. With this requirement in effect, Aggie student-athletes have been increasingly involved in the community. Our objectives remain to build loyal and active supporters and to maximize opportunities to partner with the individuals around us. As a way of giving back to the Las Cruces community, Aggie student-athletes have visited local schools to speak to the children about making good choices, getting good grades and striving to be the best they can be. They have worked with Big Brothers Big Sisters, the Salvation Army, and the Lions Club. Our athletes have helped with Special Olympics, soup kitchens, triathlons, and Relay for Life. We are constantly seeking new opportunities and look forward to furthering our bond with the many supporters of all our NMSU student-athletes.

## How do student-athletes get informed so they can sign up to participate in community service activities?

- Emails will be sent out to Coaches, SAAC & Student-Athletes for any community service events that need volunteers
- SAAC representatives will notify their teams of any upcoming events.

## Once a community service project has been established, how do student-athletes sign up?

 Please inform your coach of your interest in participating in the community service project and they will let the Marketing office know you will be available to participate in the event.

## How will a student-athlete's participation in these programs be recorded in order to receive community services points?

- At each event, there needs to be a sign-up sheet, either provided by the coordinator
  of that event, Coach, a SAAC rep, or designated student-athlete. In order to receive
  Community Service credits, you must sign to verify your attendance.
- Your Coach will either email the list of those individuals in attendance to the Community Service Coordinator, or a representative from the team can turn in the sign-in sheet to their team Academic Coordinator in the Fulton Academic Center.
- If a student-athlete performs community service in the Las Cruces community, outside
  of team organized functions, he/she must receive a signature from the coordinator/
  person in charge of the event to verify his/her participation. That form must be turned
  in to their team Academic Coordinator.

## Are there any rules or regulations that need to be abided by?

- The community service event must benefit the Las Cruces community. Community Service done out of the Las Cruces community will not be counted toward your 15-hour requirement without prior approval.
- All promotional activities must abide by the NMSU Athletics Compliance and Eligibility release form which outlines NCAA bylaws.

## Can student-athletes do community service on their own?

- Yes. It still must be approved before you go participate in the community service project. The organizer of the event can fill out our online Community Service Request Form by going to our website at <a href="www.nmstatesports.com">www.nmstatesports.com</a> and select the Aggies Athletics tab and a drop-down menu will appear. Then click onto the Community Service Request Form and the NM State Community Service Request Forms section will appear. The organizer should then click onto the Request for Non-Profit or Event link and fill out and then submit the form. The organizer will then be notified that the form has been received and at a later date if and how many student-athletes will be participating in the event for function. The student-athlete must receive a signature from the coordinator/person in charge of the event to verify his/her participation. That form must be turned in to their team Academic Coordinator.
- Your team Academic Coordinator has a list of commonly approved community service
  options in the Las Cruces community.

## Can I use community service I do for a class, or for camps for my sport toward my 15 hours?

• Yes, but only for a total of 5 hours combined.

#### VARSITY LETTER AWARDS

All student-athletes at New Mexico State University who participate in an intercollegiate athletics program are eligible to earn a varsity letter. Upon earning an initial varsity letter, student-athletes will be awarded a varsity letter jacket. In order to letter, student-athletes must meet the specific sport's requirements.

## SCHOLAR ATHLETE HONOR ROLL

Student-athletes who earn a semester GPA of 3.000 or greater are honored each semester by placement on the Scholar Athlete Honor Roll. In the spring semester, student-athletes who earned 3.000 or higher from the previous spring and fall semesters are honored at a special halftime presentation at a home basketball game.

### MEDIA RELATIONS

Athletic Media Relations is a service organization established as the contact between coaches/ athletes and the media, both print and electronic. The Sports Information Office prepares news releases, hometown releases (as appropriate), programs and team/individual statistics. Information is available through traditional means such as athletic media guides, but also through the Aggie athletic website at www.nmstatesports.com. Athletic Media Relations also provides information to service bureaus for sports, photography, extensive permanent/ historical records, and maintains athlete files, both undergraduate and alumni.

#### PRINT

With the immediacy of radio and television, print reports must dig deeper to keep their readers interested. Be prepared to spend more time on your answers. Try to give them the most in-depth view of your competition by using anecdotes, more detailed accounts of your event and more descriptive language. Every athlete has a fascinating story outside the competition arena –tell them your hobbies, interests and activities.

The print interview presents the greatest challenge because your spoken word is translated. You can finish up an interview with, "Are there any questions I can clear up?" It's a good way to finish on the right note and clear up any misunderstandings.

#### **TELEVISION**

Television is looking for short, concise answers in the 10-20 second range. Your first impression is critical. A friendly smile and a "thank you" are good gestures. Speak up clearly and distinctly when on camera. Get directly to your key points. Maintain an even pace in your delivery. Use slight pauses to reinforce important statements. Look attentive and eager to talk. Body language is as important as what you say. Maintain eye contact with the person asking the questions instead of looking at the monitor. Keep body movement to a minimum. Be patient through technical difficulties with microphones or lighting. The image you present will remain on film for your lifetime, to be seen again and again.

#### **RADIO**

Radio is a very relaxed medium because it's usually in a non-formal setting and the possibility of being misquoted is virtually zero. The interview is more like a conversation, and answers can range from 30-second sound bites to hours of live on-air dialogue.

Answers don't have to be as short as those for television, and you will not need to pause as in newspaper interviews. Give good solid answers and don't ramble. If the interview is taped for later play, try to keep your answers within 10-20 seconds. Beware of long audible pauses – "uhs" that creep into speech because they are accentuated on radio.

## THE FACULTY ATHLETICS REPRESENTATIVE

The Faculty Athletic Representative (FAR) is appointed from the faculty by the President of the university. The FAR chairs the Athletic Council and with the assistance of the Council, advises the President on many aspects of intercollegiate athletics. The FAR is also the voting representative of the campus to the Western Athletic Conference and the NCAA.

You can contact the FAR to discuss any aspect of your experience as a student-athlete. If you wish to recommend policies that you think the Athletic Council should consider, start by asking the Student Athletic Advisory Council to support those changes, after having visited with your sport supervisor. The current FAR is Dr. Kevin Melendrez and he can be reached by email at kdm@nmsu.edu or by phone 575-646-7199

#### SPORT ADMINISTRATORS

There are a number of athletic department sport administrators who work closely with the head coaches. These individuals are available to you to discuss any concerns or problems that you cannot manage successfully. They will advise you regarding your situation. It is imperative that you speak directly to your coach regarding issues or concerns prior to making an appointment with the respective sport administrator.

## **UNIVERSITY SERVICES**

Tutoring, mentoring, and academic support programs encourage all student-athletes to take advantage of the services offered by the University. NMSU has a variety of excellent services available to its students. The University provides academic, career, and personal advising and counseling, as well as academic skills improvement and outreach programs. *NMSU support programs available are listed below*:

American Indian Programs – Services include personal and academic counseling, tutoring, book loans, fax service, and student organization(s). Student must be of American Indian descent.

**Black Studies Programs** – Services include student organizations, tutoring, personal and Academic counseling, workshops, computer lab, book scholarships, fax service, and assistance in obtaining work. Student must be of African American descent.

Career Center – Services include academic and professional counseling on careers, majors, and information on other universities and colleges. \*\*\*Each student-athlete will be scheduled to attend an orientation with the Career Center to start building their resume. \*\*\*

*Center for International Programs* – This program provides high quality programs and services for international students and scholars.

**Student Success Center** – Services for students to achieve academic success include drop-in service, credit courses, computer workshops, learning and study skills inventories, in-class presentations, and professional and graduate testing preparation, study skills courses, and focus groups.

*Chicano Programs* – Services include counseling, typing services, and student organization(s). Student must be of Hispanic/Chicano descent.

**College Advising Centers** – Your college advisor will help you choose a major, learn about degree requirements in a major, understand NMSU policies, procedures, and deadlines, etc.

**Counseling & Student Development Center** – Free counseling services with strict confidentiality. Both male and female counselors are available (as well as bilingual). Students may receive individual and group counseling in areas such as relationship building, stress management, eating disorders, incest survivors, gender, and family issues.

*Math Success Center* – Students enrolled in MATH 115, 180, or 185 may receive assistance with tutoring, testing, and reviewing for exams.

Career Services – Services revolve around offering help as you prepare for and conduct a professional job search.

**Student Accessibility Services** – Offers a variety of services regarding classroom accommodations such as books on tape, Braille services, sign language interpreters, note-taking, and more.

Student Support Services – Services are provided to help students to stay in college until they earn a baccalaureate degree through specific services such as mentoring, tutoring, cultural activities, computer and book loans, and study skills workshops.

*English/Writing Center* – Any student can receive assistance for any writing assignment, such as an ENGL 111 essay or a written resume. Tutoring, guidance, and support are also provided.

## UNIVERSITY COMPUTER AND STUDY LABS

**Breland Lobby** 

Computer Center – ICT, room 141

Conroy - Corbett Center, room 205

Corbett Center Lobby

English – English Building, room 121

GAS Lab – Breland Hall, room 175

Gerald Thomas Hall Lab - Aggie Snack Bar and room 338

Frenger Food Court

Hardman Hall - room 210

Health and Social Services - Cantina

Jacobs Hall Labs – Jacobs Hall, rooms 128,129, 204, 205 (A, B, C)

Journalism Computing Cluster - Milton Hall, room 154

Knox Hall - Knox Hall

Pete's Place - Corbett Center

Vista del Monte

Zuhl Library - First Floor

## NMSU STANDARDS FOR ELIGIBILITY

Each student-athlete is ultimately responsible for keeping track of his/her eligibility status, with the support of his/her College Advisor, ASPSC Academic Coordinator, Compliance office, and coaching staff. You should meet regularly with your College Advisor, ASPSC and Compliance staff, to ensure your understanding of all academic rules and regulations that relate to your athletic eligibility. Please use the preceding information as a reference guide. Any specific questions you have should be discussed with the appropriate ASPSC and Compliance staff member and your college advisor.

## NCAA POLICY: MAINTAINING YOUR ACADEMIC ELIGIBILITY

As a NMSU student-athlete, you are required to abide by a number of standards set by the NCAA, WAC, and NMSU. The student-athlete Handbook highlights some of these guidelines. However, it is the responsibility of the student-athlete to become familiar with all applicable guidelines.

- Student-athletes are allowed four years of eligibility within five calendar years from the
  time they first enroll full-time in a collegiate institution. When they participate in any
  competition in their sport (including a scrimmage with outside competition), whether
  it is for one minute or an entire contest, they have used a season of competition and
  one of their four years of eligibility.
- 2. Student-athletes must be enrolled fulltime, that is, carry a minimum of 12 credit hours each semester to be eligible to practice or compete with their team. If a student-athlete drops below 12 hours he/she will immediately be ineligible to practice or compete, and his/her athletics grant-in-aid will be revoked unless otherwise approved by the Department of Athletics. Graduating seniors who need less than 12 credit hours to complete degree requirements may receive an exception to enroll in less than 12 credit hours.

#### **FULL TIME ENROLLMENT**

All attempts are calculated in the cumulative GPA with the following exceptions:

For students admitted as transfer students: when the repeated course was taken within the student's first semester at NMSU or for students admitted as freshmen: when the repeated course was taken within the student's first 24 credit hours attempted (including transfer credits) or within the semester during which the student exceeded the 24th credit hour attempted. You are permitted to repeat courses according to NMSU guidelines; however, once a course is used for satisfactory progress, it may not be used for that purpose again. [NCAA Bylaw 14.4.3.5.6]

#### DROPPING BELOW FULL-TIME STATUS OR WITHDRAWING FROM SCHOOL

If, for any reason, you drop below 12 credit hours or withdraw from the university during any semester of enrollment your financial aid may be canceled. In addition, you will immediately forfeit your athletic eligibility for that semester and potentially jeopardize your future eligibility status. Prior to withdrawing from the institution or dropping below full-time status; you should:

- Schedule an appointment with the Associate Athletics Director/Sports Administration & Academic Services and/or Director of Academic Services to discuss your reason for dropping below 12 credit hours or withdrawal from the university.
- 2. YOU must contact residence life and dining services offices directly. The Athletic department is not permitted to process your cancellations for housing, registration, room, board, or any other service. In addition to cancellation of all agreements, you must immediately return your textbooks to the Bookstore. You are responsible for any fees incurred due to incomplete withdrawal procedures
- Should you wish to transfer from NMSU you must follow all guidelines above and request Notification of Transfer. Questions should be directed to the Department of Athletics Compliance.

## NCAA ACADEMIC STANDARDS FOR ELIGIBILITY & SATISFACTORY PROGRESS REQUIREMENTS

#### ELIGIBILITY FOR COMPETITION – ALL SPORTS

To be eligible to compete, you must:

- Have been admitted as a regularly enrolled, degree seeking student according to the published entrance requirements of your institution
- Be in good academic standing according to the standards of your institution
- Be enrolled in at least a minimum full-time baccalaureate degree program (not less than 12 semester or quarter hours) and maintain satisfactory progress toward that degree, be enrolled in a full-time graduate or professional degree program (not less than nine semester or quarter hours) or be enrolled and seeking a second baccalaureate degree at your institution. [Bylaws 14.01.2, 14.2.2 and 14.2.2.1.4]
- If you are enrolled in less than a full-time program, you are eligible to compete only if you are enrolled in the last term of your degree program and are carrying credits necessary to finish your degree. [Bylaw 14.2.2.1.3]
- You are eligible to compete during the official vacation period immediately preceding
  initial enrollment, provided you have been accepted by your institution for enrollment
  in a regular, full-time program of studies at the time of your initial participation, you
  are no longer enrolled in your previous educational institution and you are eligible
  under all institutional and NCAA requirements. [Bylaw 14.2.2.1.1]
- You are eligible to compete between terms if you are continuing enrollment, provided
  you have been registered for the required minimum full-time load at the conclusion of
  the term immediately preceding the date of competition, or if you are either continuing
  enrollment or beginning enrollment, provided you have been accepted for enrollment
  as a regular full-time student for the regular term immediately following the date of
  competition. [Bylaw 14.2.2.1.2]

#### ELIGIBILITY FOR PRACTICE - ALL SPORTS

- You are eligible to practice if you are enrolled in a minimum full-time program of studies leading to a baccalaureate or equivalent degree as defined by the regulations of the certifying institution. [Bylaw 14.2.1]
- You are eligible to practice during the official vacation period immediately preceding
  initial enrollment, provided you have been accepted by your institution for enrollment
  in a regular, full-time program of studies at the time of your initial participation, you no
  longer are enrolled in your previous educational institution and you are eligible under all
  institutional and NCAA requirements. [Bylaw 14.2.1.1]
- You also are eligible to practice if you are enrolled in the final semester of a baccalaureate
  program while enrolled in less than a minimum full-time program of studies and your
  institution certifies that you are carrying (for credit) the courses necessary to complete the
  degree requirements. [Bylaw 14.2.1.3]

## ELIGIBILITY FOR SUMMER PRACTICE – Men's Basketball, Women's Basketball, Football

- In Men's Basketball, Women's Basketball, and Football, if you are enrolled in summer school you may engage in required weight-training, conditioning for up to eight weeks (not required to be consecutive weeks). During this time, you may also engage in skill-related instruction (Men's Basketball and Women's Basketball only) or film review (Football only). Participation in such activities shall be limited to a maximum of eight hours per week with not more than two hours per week spent on film review (Football only) or four hours skill-related instruction (Men's Basketball and Women's Basketball only). If you are not eligible to use the exception to summer school enrollment (listed below) you may participate only during the period of the summer term or terms (opening day of classes through last day of final exams) in which you are enrolled.
- You may participate in required summer athletic activities for up to eight weeks without being enrolled in summer school, provided you have achieved a cumulative minimum grade-point average of 2.200 and have successfully completed the following academic requirements based on the applicable number of full-time terms of enrollment:

After two semesters: 30 semester hours After three semesters: 45 semester hours

After four semesters: 50% of the course requirements in your specific degree program

After five semesters: 62.5% of the course requirements in your specific degree program After six semesters: 75% of the course requirements in your specific degree program

After seven semesters: 87.5% of the course requirements in your specific degree program

After eight semesters: completion of your baccalaureate degree requirements

Application to Transfer Student-Athletes

The exception to summer school enrollment does not apply to a transfer student-athlete until the student-athlete has completed one academic year (two semesters or three quarters) of full-time enrollment at the certifying institution. [Bylaw 17.7.2.1.6.1.1.1]

#### CONTINUING ELIGIBILITY - ALL SPORTS

- Having successfully completed 24-semester hours of academic credit prior to the start of the institution's third semester following the student-athlete's initial full-time enrollment.
- Having successfully completed 18-semester hours of academic credit since the beginning
  of the previous fall term or since the beginning of the certifying institution's preceding
  regular two semesters (hours earned during the summer may not be used to fulfill this
  requirement)

- Six-semester hours toward your degree of academic credit the preceding regular academic term (e.g., fall semester) in which the student-athlete has been enrolled at any collegiate institution
- You must choose a major that leads to a specific baccalaureate degree by the beginning of
  your third year of enrollment. (This includes transfer students who have not yet completed
  an academic year in residence or used one season of eligibility in a sport at their current
  institution.) [Bylaw 14.4.3.3.2]

If you are entering your second year of collegiate enrollment, you must present a cumulative grade-point average that equals at least 90 percent (1.800 CGPA) of the institution's overall cumulative grade-point average required for graduation (based on a 4.000 scale). [Bylaw 14.4.3.3]

If you are entering your third year of collegiate enrollment, you must have completed successfully at least 40 percent of the course requirements in your specific degree program and you must present a cumulative minimum grade-point average that equals at least 95 percent (1.900 CGPA) of the institution's overall cumulative grade point average required for graduation (based on a 4.000 scale).

If you are entering your fourth year of collegiate enrollment, you must have completed successfully at least 60 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average of at least 2.000 (based on a 4.000 scale).

If you are entering your fifth year of collegiate enrollment, you must have completed successfully at least 80 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average of at least 2.000 (based on a 4.000 scale).

#### ADDITIONAL CONTINUING ELIGIBILITY CRITERIA - FOOTBALL

- If you do not successfully complete at least nine (9) semester hours of academic credit during the fall term and earn the Academic Progress Rate eligibility point for the fall term you shall not be eligible to compete in the first four (4) contests the following season.
- One time during your five-year period of eligibility you may regain eligibility to compete in the
  first four (4) contests in the following season, provided you successfully at least 27-semester
  hours of academic credit before the beginning of the next fall term. During your initial
  year of full-time collegiate enrollment, you may use credit hours earned at NMSU during
  the summer prior to initial full-time enrollment and credit hours earned during the summer
  following the regular academic year satisfy the 27-semester credit-hour requirement.
- After your one-time exception you may regain eligibility to compete in the third and fourth
  contests of that season, provided you successfully complete at least 27-semester hours
  of academic credit before the beginning of the next fall term. During your initial year
  of full-time collegiate enrollment, you may use credit hours earned at NMSU during the
  summer prior to initial full-time enrollment and credit hours earned during the summer
  following the regular academic year to satisfy the 27-semester credit-hour requirement.

#### INITIAL ELIGIBILITY - ALL SPORTS

#### Freshmen:

You are referred to as a qualifier and are eligible to practice and compete in your sport and to receive financial aid (institutional and athletically related) during your first academic year under Bylaw 14.02.10.1 if you: • *Graduate from high school:* 

- Attain a minimum high-school grade-point average of 2.300 in 16 core-curriculum courses as specified in Bylaw 14.3.1.1
- Achieve a corresponding sum ACT or SAT score as specified in Bylaw 14.3.1.1.3.

#### Academic Redshirt:

You may be eligible for practice and athletic aid, but not competition if you meet NCAA initial eligibility standards in Bylaw 14.3.1.2 and 14.3.1.2.1 *Non-qualifier:* 

You are eligible to receive non-athletics institutional financial aid based on need only, consistent with institutional and conference regulations.

You will have three seasons of eligibility after your first academic year in residence. You may earn a fourth season of competition provided you complete 80% of your degree before beginning your fifth academic year of enrollment and you are within five years of your initial, full-time collegiate enrollment. [Bylaw 14.3.3]

#### Transfer students only

## You are a transfer student if:

The registrar or admissions officer from your former institution certified that you officially were registered and enrolled at that institution in any term in a minimum full-time program of studies and you were present on the opening day of classes; or

You reported for the regular squad practice at your former institution announced before the beginning of any term. [Bylaw 14.5.2]

If you are a transfer student from a four-year institution, you are not eligible during your first academic year in residence unless you meet the provisions of one of the exceptions specified in Bylaw 14.5.5.2 or one of the waivers specified in Bylaw 14.7.

If you are a transfer student from a two-year institution, you are not eligible during your first academic year in residence at your new institution unless you meet the academic and residence requirements specified in Bylaw 14.5.4 or the exceptions specified in Bylaw 14.5.4.6.

If you transferred from a four-year college to a two-year college and then to your new institution, you are not eligible during your first academic year in residence at your new institution unless you meet the requirements specified in Bylaw 14.5.6.

#### OTHER REGULATIONS CONCERNING ELIGIBILITY – ALL SPORTS

You are not eligible to participate in more than four seasons of intercollegiate competition. [Bylaw 12.8] You are not eligible if five calendar years have passed from the date you first registered as a full-time student at a collegiate institution and attended your first day of classes for that term, except for time spent in the armed services, on official church missions or with recognized foreign aid services of the U.S. government and extensions that have been approved in accordance with NCAA legislation. [Bylaw 12.8.1]

You are eligible at an institution other than the institution from which you have received or satisfied the requirements for a baccalaureate degree or an equivalent degree, if you meet the conditions of the one-time transfer exception [Bylaw 14.5.5.2.10 or Bylaw 14.6.1] and you have eligibility remaining as set forth in Bylaw 12.8.1.

You are eligible for championships, certified bowl games or the National Invitation Tournament that occur within 60 days of the date you complete the requirements for your degree. [Bylaw 14.6.3]

#### ALL SPORTS OTHER THAN BASKETBALL

You are not eligible in your sport for the remainder of the year and the next academic year if, during the academic year, you competed as a member of any outside team in any non-collegiate, amateur competition. You may compete outside of your declared playing and practice season as a member of an outside team in any non-collegiate, amateur competition during any official vacation period published in your institution's catalog. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 17.31.1, 17.31.1.1 and 17.31.3]

Exception: In women's volleyball and soccer you may compete on outside amateur teams during the spring outside of the institution's playing and practice seasons, provided such participation occurs no earlier than May 1, and the remaining provisions of Bylaw 17.31.1.3 are met.

#### BASKETBALL ONLY

You are not eligible if, after you become a student-athlete, you participate in any organized basketball competition except while representing the institution in intercollegiate competition. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 17.31.2 and 17.31.3]

It is permissible to participate as a member of a basketball team in an NCAA-sanctioned summer basketball league or event. [Bylaw 17.31.4(a)]

## NCAA POLICY: MAINTAINING YOUR ATHLETIC COMPLIANCE

#### **GENERAL INFORMATION**

At the initial team meeting prior to each season of competition, the Department of Athletics Compliance presents general departmental policies, NCAA athletic eligibility standards and requires appropriate personal information from each student-athlete. The Sports Medicine Staff presents information relevant to training room operation, medical details, physical examinations, and rehabilitation procedures.

#### **EXTRA BENEFITS**

An extra benefit is any special arrangement by a University employee or a representative of the University's athletics interests to provide student-athletes, their relatives, or friends a benefit not expressly authorized by NCAA legislation. Receipt or acceptance of such a benefit by a student-athlete, their relatives, or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit is generally available to the University's students or their relatives or friends or to a particular segment of the student body (e.g., foreign students, minority students) determined on a basis unrelated to athletic ability [NCAA Bylaw 16.02.3].

Friendships or acquaintances with individuals established in the recruitment process or after arrival on campus in most instances are a result of being a student-athlete, and thus, receipt of benefits from these individuals by a student-athlete, their relatives or friends is prohibited by NCAA regulations.

During your enrollment at New Mexico State University you may befriend individuals or families in the community who might wish to provide you with a more "home-like" atmosphere. Please be aware that you are becoming "friends" with a representative ("athletics booster") and/or employee of the University does not change their status as far as NCAA rules are concerned. For example, the provision of any type of material item (i.e., birthday gift, use of car, meals, lodging, loan of money, Christmas gift, etc.) by such an individual or family to you, your relatives, or friends could result in a NCAA rules violation and jeopardize your eligibility.

## EXAMPLES OF NON-PERMISSIBLE EXTRA BENEFITS INCLUDE, BUT ARE NOT LIMITED TO:

#### FRIENDS OR RELATIVES

• May not receive expenses for visiting the student-athlete at any site

#### BENEFITS, GIFTS AND SERVICES FROM THE PUBLIC

- · Free or reduced-cost services for you or your friends or family
- Use of telephone or credit card without charge
- Use of tickets to any event, dinner, use of a car, etc. from commercial establishment without charge or at a discounted rate
- Receipt of loan
- · Use of an automobile
- Free or reduced-cost lodging
- Free or reduced-cost meals
- Free or reduced-cost transportation
- Receipt of gifts or merchandise

Receipt of extra benefits will render you ineligible. Student-Athletes seeking assistance or clarification regarding the NCAA's extra benefit rules should contact the Compliance Office at (575) 646-1028.

## \*\*ASK AGGIE COMPLIANCE BEFORE YOU ACT! \*\*

#### **AMATEURISM**

You are not eligible for participation in a sport if you have ever:

- Taken pay, or the promise of pay, for competing in that sport
- Agreed (orally or in writing) to compete in professional athletics in that sport
- Competed on any professional athletics team except as permitted in Bylaw 12.2.3.2.1.
   A professional team is defined as an organized team that provides any of its players more than actual and necessary expenses or declares itself as a professional team
- Used your athletics skill for pay in any form in that sport. You are not eligible in a sport if you have ever accepted money, transportation, or other benefits from an agent or agreed to have an agent market your athletics ability or reputation in that sport [NCAA Bylaw 12.3]
- You are not eligible in any sport if, after you become a student-athlete, you accept any
  pay for promoting a commercial product or service, or allow your name or picture to
  be used for promoting a commercial product or service, except while engaged in Name,
  Image and Likeness activities per NCAA Policy, New Mexico State Law, and NMSU
  policy. [NCAA Bylaw 12.5.2.1 and 12.5.2.2]
- You are not eligible in any sport if, because of your athletics ability, you were paid
  for work you did not perform, paid at a rate higher than the going rate or were paid
  for the value an employer placed on your reputation, fame, or personal following
  [NCAA Bylaw 12.4]

## NAME, IMAGE AND LIKENESS

Per current NCAA policy student-athletes are able to engage in activities that involve the use of their name, image and likeness (NIL) for commercial or promotional purposes (Effective July 1, 2021). Use of student-athlete NIL for commercial or promotional purposes must be done within NCAA policy. New Mexico State Law, and NMSU policy.

- The Student Athlete Endorsement Act signed March 14, 2021 prohibits institutions from preventing student-athletes from earning compensation for use of their NIL (while not engaged in official team activities) and allows for professional representation by an agent when engaging in NIL activities.
- A student athlete can earn compensation for NIL use when not engaged in team activities
- Third-party compensation CAN NOT be used to induce recruitment

## You are not able to compensate a student-athlete for Name, Image or Likeness:

- If NM State Athletics/Institution is involved in facilitating activity
- Prior to becoming a student-athlete
- For Pay for play (Payment for athletic performance)
- If payment does not involve a service/appearance (work actually performed)
- If payment is above the going rate

## NM State student-athletes can not endorse the following:

- Cannabis Products (manufacturer or retailers)
- Sports Gambling
- Adult Entertainment (retail or establishments)

#### **Student-Athlete Responsibilities:**

- Must adhere to NCAA & NM State Policies and state law
- Must Report NIL Activity to NM State Athletics Compliance
- Complete any required NIL education sessions
- Personal responsibilities (taxes)

#### Some Examples of Name, Image and Likeness Activities:

- Appearance in television, online or radio advertisements for commercial products or services
- Appearance in print, social media (influencer) or online advertisements for commercial products or services
- Providing lessons (camps or clinics)
- Sale of autographs (on items not provided by NM State)
- Personal appearances with the intent to promote a commercial product or service

## **OUTSIDE COMPETITION IS NOT PERMITTED**

- You may not participate in outside competition during the academic year if you haven't
  exhausted your eligibility. However, in some cases you may participate in outside competition during the summer with the approval from the Office of Athletic Compliance
- You may not try out with a professional athletics team in a sport or permit a professional
  athletics team to conduct medical examinations during any part of the academic year while
  in enrolled in NMSU, unless you've exhausted eligibility

#### **AWARDS**

Any awards received by a student-athlete participating in an event during the summer while not representing his or her institution, shall conform to the regulations recognized by the amateur association associated with the event. At no time shall the student-athlete be permitted to receive cash for this type of participation.

#### **AGENTS**

The NCAA prohibits any oral or written agreement between a student-athlete and a professional team or agent (for athletic purposes) before the student-athlete's eligibility expires. You are also prohibited from accepting anything from an agent or representative (including, but not limited to, money, goods, and services). The NCAA forbids a coach or staff member from representing and/or promoting an athlete, professional team, sports agent, or any other third party.

NCAA Bylaw 10.1 concerning unethical conduct stipulates that institutional staff members are prohibited from receiving extra benefits for arranging meetings between sports agents, financial advisors, or representatives of a sports agent and university student-athletes. To obtain a copy of written materials on agents, please see or contact the office of Compliance and Eligibility, 575-646-1028.

You may request information about your professional market value without affecting your eligibility status. However, if you retain an agent, you will lose your amateur status.

#### PERMISSION TO CONTACT OTHER NCAA OR NAIA INSTITUTIONS

Student-Athletes wishing to contact other four-year NCAA or NAIA institutions must make such a request in writing to the Athletic Compliance office prior to contacting another institution per NCAA bylaw 13.1.1.3. A student-athlete may initiate the notification of transfer process by providing the Athletics Compliance office with a written notification of transfer during the applicable timeframe per your sport. The student-athlete's information shall be entered into the national transfer database within two business days of receipt of a written notification of transfer from the student-athlete. New Mexico State University Athletics reserves the right to deny access to a student-athlete, providing written notification of transfer, to academic support services, athletics facilities, athletic sport performance services, and athletic training services. In addition, upon receiving a written request of notification of transfer, New Mexico State University may cancel or reduce the athletic scholarship of a student-athlete at the end of the term in which they make such a request per NCAA bylaw 15.3.5. The student-athlete's financial aid may not be reduced or canceled until the end of the regular academic term in which written notification of transfer is received. If a student-athlete provides written notification of transfer to the institution between regular academic terms (winter break, summer break) the institution may reduce or cancel the financial aid immediately.

# DURING YOUR CAREER AS AN AGGIE ENROLLED STUDENT-ATHLETES AS RECRUITERS

## HOSTING PROSPECTIVE STUDENT-ATHLETES

- Off campus, in person, recruiting contacts between enrolled students or student-athletes and
  prospects are permissible if such contacts are incidental and do not occur at the direction
  of a coaching staff member
- An institution may not provide an enrolled student-athlete with transportation or expenses
  to recruit a prospect except those permitted when the student-athlete serves as a student
  host
- An enrolled student-athlete may not telephone prospects at the request of coaches or using any intercollegiate athletic funds (e.g., telephones)

#### THE STUDENT HOST

- A student host may be provided a maximum of \$40 each day of a prospect visit to cover the actual costs of entertaining the prospect with no more than \$20 being used for gas.
- A student host may be provided with an additional \$15 per day for each additional prospect he/she entertains.
- The student host is prohibited from purchasing or offering a prospect alcoholic beverage during an official and/or unofficial visit.
- Several students may host a prospect, but the institution may only provide one student with entertainment money. The other student host shall pay for his or her own entertainment and meals
- The institution, coach, or any booster may not provide a car for use by a prospect or student host
- A meal may be held for a prospect on an official visit at the home of an Athletic Department staff member, as long as it is not excessive in nature
- Entertainment on an official visit is limited to the prospect, the prospect's parents (or legal guardian), the prospect's spouse, and the prospect's children

## FINANCIAL AID POLICY AND APPEALS

The Office of Student Financial Aid notifies student-athletes of renewal and non-renewal scholarship actions by July 1 prior to the upcoming academic year. If you feel that the reduction or non-renewal of your financial aid is unfair or unjustified, you have the right to request a hearing as provided by NCAA regulations. The request for an appeal hearing must be submitted in writing within two weeks of the scholarship reduction or non-renewal notification receipt. All written inquiries should be directed to the Athletic Compliance Office.

A full grant-in-aid includes the cost of tuition and mandatory fees, room, board and required course related books adding up to the cost of attendance. A full grant-in-aid does may not cover expenses such as application fees, online fees, late registration fees, general school supplies, reference books, parking tickets, penalty fees, etc.

NMSU may reduce or cancel your financial aid during the period of the award if you:

- Drop below the required 12 credits per semester requirement (unless enrolled in the final semester of designated degree program and then only with prior authorization from ASPSC).
- 2. Become ineligible for intercollegiate competition
- 3. Give false information on application, letter of intent, or financial aid agreement
- 4. Engage in serious misconduct warranting disciplinary action
- 5. Requests written notification of transfer (per bylaw 15.3.5)

#### FEDERAL PELL GRANTS

Student-athletes are encouraged to apply for this federal entitlement grant program by completing the Free Application for Federal Student Aid (FAFSA). This grant is based on financial need and may be used to supplement other funds. A student-athlete may receive a Pell Grant in combination with institutional financial aid provided the overall grant does not exceed the student-athlete's cost of attendance.

### NCAA SPECIAL ASSISTANCE FUND

Student-athletes may also be eligible for additional special assistance through this fund. These monies may be used for expenses not covered by your scholarship such as eyeglasses, dental work, and a clothing allowance. Contact the Office of Compliance at 575-646-1028 to obtain an application form.

## **PRACTICE**

A student-athlete may participate in up to a maximum of four hours per day and 20 hours per week of countable athletically related activities. There must also be one scheduled day off per week. Examples of countable activities include, but are not limited to: competition, practice, required weight training or conditioning, watching films, athletically related meetings initiated by coaches, and site visits. Examples of non-countable athletically related activities include training table meals, training room, study halls, tutoring, and travel to and from the practice and competition.

## **OUTSIDE OF PLAYING SEASON**

Outside of the playing season, student-athletes' participation in athletically related activities shall be limited to a maximum of 8 hours per week of which no more than two hours per week may be spent on skill workouts. In football, student-athletes are permitted to view a maximum of two hours of game film per week as part of the permissible eight hours of required weight-training and conditioning activities, however, this may not be involved in individual skill-related instruction.

#### **SUMMER**

Student-athletes are permitted to use the weight room facilities during the summer. All such conditioning activities are voluntary. Your coaches may have expectations or goals for you in the summer but they may not require you to work out. You may not meet with your coaches to watch films or discuss athletically related topics. In some individual sports, a coach may assist you (at your request) for safety reasons. In team sports, coaches may not observe or take part in voluntary conditioning activities of their players.

#### **EMPLOYMENT**

Student-athletes may receive earnings from legitimate employment during the academic year provided:

- You may receive payment for work you do not actually perform
- Wages received must not exceed what is typical or that which a regular employee would receive; Prior to beginning employment, student-athletes and their employers must sign a written statement which will be kept on file. Contact the Compliance Office at 575-646-1028

## **SUMMER EMPLOYMENT**

You must have your summer employer fill out a Summer Employment Form available in the Compliance Office. You must follow the following rules with regard to summer employment:

- You may not receive payment for work you do not actually perform
- Wages received must not exceed what is typical or that which a regular employee would receive
- You may not receive compensation based on athletic ability
- Compensation may not include any remuneration for value or utility that you may have for the employer because of publicity, reputation, fame or personal following that he or she has obtained because of athletics ability

## NMSU ATHLETICS DEPARTMENT: EVENT TICKET POLICY

## **SECTION 1: ATHLETES**REGULAR CONTESTS

Complimentary Admissions: New Mexico State may provide four (4) complimentary admissions per home or away contest to a student-athlete in the sport in which the student-athlete participates (either practices or competes) regardless of whether the student-athlete competes in the contest. (NCAA bylaw 16.2.1.1)

Pass List only: Student-athletes will not receive complimentary hard tickets to an event. Students must add their guest's names to the JumpForward database, which is approved by the Compliance Office. There are no additions to the pass list after that time.

Student-athletes may not receive payment in exchange for complimentary admission passes. Student-athletes designated guests may not receive payment in exchange for complimentary admission passes.

New Mexico State University may only sell tickets to student-athletes under arrangements available to the general student body.

Student-athletes may not buy a ticket from the institution then sell it for above face value.

Representatives, Staff, Employees, Faculty of New Mexico State University in either an institutional or athletic role may not provide student-athletes with complimentary admission to a professional sport contest.

WAC or NCAA Championships: New Mexico State University may provide each student athlete who participates in or is a member of a team participating in an NCAA championship with six complimentary admissions to all contests at the site at which the student or team participates per recent NCAA policy. (16.2.1.1.1)

Tournaments: Complimentary admissions may be provided to members of New Mexico State University teams for all contests in a tournament in which the team is participating. However, the contests must be at the site of competition (16.2.1.1.2)

Distribution policy: Complimentary tickets shall be distributed only to persons designated by the Student-Athlete, who have identified themselves with a picture identification and signed a receipt for the tickets. (16.2.1.2.1)

# NEW MEXICO STATE UNIVERSITY INTERCOLLEGIATE ATHLETICS DRUG EDUCATION AND TREATMENT PROGRAM

The Department of Athletics at New Mexico State University is committed to providing their student-athletes with the utmost comprehensive care to ensure their success by providing programs and resources that enhance student life and promote a positive campus experience.

Although the use and possession of marijuana is legal under New Mexico law, it is not allowed on the NMSU campus. The use and possession of marijuana is prohibited by federal law, by the NMSU Student-Athlete Code of Conduct, and by the NCAA.

Due to the physical demands of intercollegiate athletics, and the potential physical and emotional damage that can result from illicit drug use, the NMSU Department of Athletics condemn the use of any illegal or illicit drugs or performance enhancing products that impair or endanger the safety of our student-athletes. Because of the Department of Athletics' concern for our student-athletes health and well-being, as well as for the integrity of the intercollegiate athletics program at NMSU, a drug education, monitoring, and treatment program has been implemented.

#### **DRUG EDUCATION**

The Department makes every effort to educate our student-athletes concerning the dangers of drug abuse. Therefore, drug education programs and presentations are offered throughout the year. Additionally, the sports medicine staff has educational materials available to all student-athletes. Educational material is also available at the Aggie Health and Wellness Center.

#### SUSPICION OF SUBSTANCE ABUSE

Substance abuse is defined as the habitual taking of addictive, illegal, and/or illicit substances causing a change in personal behavior and/or habits that negatively affect the individual.

The NMSU Department of Athletics puts forth a constant and continued effort to support and provide resources to its student-athletes. In the event a student athlete is suspected of habitual substance abuse, the Director of Sports Medicine will be notified. The student-athlete will meet with the Director of Sports Medicine, Director of Athletics and the Head to discuss available resources and treatment options. After, the student-athlete will have a meeting with the on-campus substance abuse counselor and the Athletics' Mental Health Specialist.

The Athletics' Mental Health Specialist along with the substance abuse counselor will have recommendations of the student-athlete's treatment plan. It is the student-athlete's responsibility to follow and complete all recommendations set for them by the Athletics' Mental Health Specialist and substance abuse counselor. Any refusal and/or non-completion of these recommendations may have sanctions imposed on them by the Director of Athletics and/or the Head Coach.

If there is a confirmation of substance abuse, the Director of Athletics and the Head Coach have the authority to impose consequences as they seem fit. Regardless of consequences, the student-athlete will still have all the available resources and treatment options at their disposal.

## NCAA DRUG TESTING

All student-athletes are still subject to all rules and regulations in regards to NCAA drug test and the resulting punishments. It is the student-athlete's job to understand the follow the rules set for the by this governing body.

Revised June 2022

## 2022-23 NCAA BANNED DRUGS

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

#### THE NCAA BANS THE FOLLOWING CLASSES OF DRUGS:

Stimulants:

Anabolic Agents;

Alcohol and Beta Blockers (banned for rifle only);

Diuretics and Other Masking Agents;

Street Drugs;

Narcotics;

Cannabinoids

Peptide Hormones and Analogues;

Anti-estrogens; and

Beta-2 Agonists.

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

#### DRUGS AND PROCEDURES SUBJECT TO RESTRICTIONS:

Blood doping;

Gene doping;

Local anesthetics (under some conditions);

Manipulation of urine samples; and

Beta-2 Agonists permitted only by prescription and inhalation.

## NCAA NUTRITIONAL/DIETARY SUPPLEMENTS WARNING:

Before consuming any nutritional/dietary supplement product, <u>review the product with the appropriate or designated athletics department staff</u>. There are no NCAA approved supplement products.

- Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
- 2. Student-athletes have tested positive and lost their eligibility from using dietary supplements.
- 3. Many dietary supplements are contaminated with banned drugs not listed on the label.
- 4. Any product containing a dietary supplement ingredient is taken at your own risk.

Check with your athletics department staff prior to using a supplement.

## SOME EXAMPLES OF NCAA BANNED SUBSTANCES IN EACH DRUG CLASS

There is NO complete list of banned substances.

## Do not rely on this list to rule out any label ingredient.

- 1. **Stimulants**: amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; methamphetamine; methylphenidate (Ritalin); synephrine (bitter orange); methylhexanamine (DMAA); "bath salts" (mephedrone); Octopamine; DMBA; phenethylamines (PEAs); etc. *exceptions*: phenylephrine and pseudoephedrine are not banned.
- 2. **Anabolic Agents** (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione): androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; testosterone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; stanozolol; stenbolone; trenbolone; SARMS (ostarine, ligandrol, LGD-4033); etc.
- 3. **Alcohol and Beta Blockers** (banned for rifle only): alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.
- 4. **Diuretics (water pills) and Other Masking Agents**: bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.
- Street Drugs: heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)
- 6. **Peptide Hormones and Analogues**: growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); IGF-1 (colostrum); etc.
- 7. **Anti-Estrogens**: anastrozole; tamoxifen; formestane; ATD, clomiphene; SERMS (nolvadex); Arimidex; clomid; evista; fulvestrant; aromatase inhibitors (Androst-3,5-dien-7,17-dione), etc.
- 8. **Beta-2 Agonists**: bambuterol; formoterol; salbutamol; salmeterol; higenamine; norco-claurine; etc.

Additional examples of banned drugs can be found at www.ncaa.org/drugtesting.

## Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center (REC) at 877/202-0769 orwww.drugfreesport.com/rec password: ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

## NMSU ATHLETIC TRAINING SUPPORT SERVICES

#### PHYSICAL EXAMINATIONS

The Athletic Department requires all incoming student-athletes, freshman and transfers to undergo a physical examination and evaluation by the NMSU team physicians for clearance to participate in NMSU athletics. Returning student-athletes will annually complete a return physical form.

## TREATMENT OF ILLNESS AND INJURY

All injury and illness must be reported to the Sports Medicine staff as soon as possible. Compliance with treatment is expected. Referral to team physicians and other medical providers will be made by the Sports Medicine staff as needed.

#### **REHABILITATION CARE**

Treatment and rehabilitation of athletic injury is coordinated and supervised by the Sports Medicine staff as directed and in consultation with team physicians. Compliance with treatment and rehabilitation programs is expected.

## **INSURANCE COVERAGE**

#### NMSU ATHLETICS INSURANCE INFORMATION

NMSU carries an accident insurance policy which provides coverage of athletically related medical conditions. This policy is considered a "secondary coverage" and is applied after a student-athlete's personal medical insurance has been used. All non-scholarship athletes must carry current health insurance coverage. Any NMSU student-athlete that has incurred an athletic injury must report the injury immediately to the Athletic Training Staff for documentation. Most insurance policies require that injury evaluation and treatment must begin immediately (but not later than 90 days) after the injury in order to be covered by the policy. NMSU's policy sets a limit for payment for medical care after an athletic injury for two years. The student-athlete and/or parent should be aware that either their own insurance or NMSU's insurance may contact them for information regarding the injury or other information in order to process the claim. In most cases, bills will also be sent to the student-athlete and/or the parents. If an insurance company sends a student-athlete or parent a bill or request for information, it will only be sent to the student-athlete or parent and not to NMSU. Failure to respond to information requests may result in delay or denial of the bill payment, which could affect personal credit ratings, or result in the student-athlete being responsible for payment. All medical bills that are received by the student-athlete and/or parents should be forwarded immediately to the Athletics Department Insurance Clerk located in the Athletic Training Facility in the Fulton Athletics Center. If a student-athlete is not covered by parental or personal health insurance, the Athletics Department reserves the right to choose the medical providers for any medical conditions that NMSU or their insurance will pay for. Medical coverage for student-athletes stops when athletic eligibility is exhausted, or when an athlete is no longer associated with the team.

#### MEDICAL EXPENSES

You must report any athletically related injury or illness to your team athletic trainer before the Athletic Department can help with expenses.

The Department will not pay costs associated with second opinions unless directed by the team physician. The Department will assist with payment for rehabilitation when referred by the team physician.

#### **EYE WEAR**

One set of contact lenses, prescription goggles or glasses may be provided by the Athletic Department ONLY if they are deemed necessary for athletic competition. An additional eye examination and / or prescription change is normal as is occasional replacement of a lost or damaged lens. Eye glasses for reading and class work will not be covered.

#### **DENTAL INJURY**

The Department will pay for dental injury to sound natural teeth incurred as a result of your athletic activity. No payment is provided for charges if the injury occurs and the required mouth guard protection per sport rules is not worn. NMSU will not pay for routine cleaning, filling cavities, extraction of wisdom teeth or other specific dental procedures not related to or as a result of athletic participation.

## **HEALTH & WELFARE**

#### **ALCOHOL POLICIES**

All students attending the New Mexico State University are responsible to abide by the State of New Mexico criminal laws regarding alcohol possession and use. The laws of the State of New Mexico set the minimum age of 21 years of age for the purchase and consumption of alcoholic beverages. Those who are of the minimum age and older are prohibited from selling or providing alcoholic beverages to those whom are under 21 years of age.

The Athletics Department does not condone the illegal or irresponsible use of alcohol under any circumstances. If legally of age, student-athletes who consume alcoholic beverages are expected to do so responsibly understanding the risks associated with alcohol use and abuse.

All student-athletes are prohibited from the consumption of or being under the influence of alcoholic beverages in connection with any team function. A team function for purposes of this policy includes the following:

- When traveling to or from a site or at that site with the team, as a representative of the team or coaching staff, and/or serving in an official capacity for the Department of Intercollegiate Athletics,
- 2. At any intercollegiate athletic event, including parties organized by team members, on or off campus, and
- 3. At any time in public while representing the team or the University (ex. Summer camps, clinics, recruiting activities, community service, etc.)

In addition, student-athletes are expected to adhere to the University's Student Code of Conduct & Alcohol Policy's and the University's Department of Residence Life resident hall rules.

Any student-athlete violating any of these policies may be subject to disciplinary action by his/her team, Coach, Department of Intercollegiate Athletics, and/or the University. Students serving in an official capacity for the Department of Intercollegiate Athletics may be subject to disciplinary action by the Department of Intercollegiate Athletics, and/or the University.

## **BINGE DRINKING & HIGH-RISK ALCOHOL CONSUMPTION**

The New Mexico State University, adheres to the principle that there is no place in intercollegiate athletics for substance abuse of any kind. The Athletics Department recognizes that for student athletes there are additional pressures associated with participation in intercollegiate sports. As a consequence of such pressure's student-athletes may be at risk to engage in unhealthy behavior patterns to cope with stress. Therefore, the Athletics Department considers the misuse and abuse of alcohol as an unhealthy and inappropriate response to stress. Experimental and/or recreational intoxication can have harmful effects on the overall health of student-athletes. Hence, the Athletics Department does not condone drunkenness and/or public intoxication at any time for any student-athlete. Student-athletes who become drunk will be held accountable for their actions.

"High-risk alcohol consumption" is any form of abusive alcohol consumption. High-risk alcohol consumption is strictly prohibited for student-athletes. Behavioral examples of high-risk alcohol consumption include, but are not limited to, drinking games, drinking to the point of physical illness, the possession or use of any instrument of alcohol abuse (ex. beer bong), and binge drinking. Binge drinking, as defined by New Mexico State University health professionals, is 5 or more drinks in a sitting/row for males and 4 or more drinks in a sitting/row for females.

## **NUTRITIONAL SUPPLEMENTS**

The NMSU Athletics Department does not recommend the use of any dietary supplement by any of its student-athletes. Dietary supplements that are sold over the counter and through the internet are under-regulated by the U.S. FDA. Therefore, no one can guarantee the product's purity, safety or effectiveness. Impure supplements can cause a positive drug test under the NCAA or NMSU's drug testing program. Athletes are advised that the use of dietary supplements is at the user's own risk. The list of ingredients and claims made by a manufacturer are not necessarily backed up by reliable, scientific research. Please ask a member of the Athletic Training staff about any dietary supplement before use. Questions can also be directed to the Resource Exchange Center of Drug Free Sport, the testing agency for the NCAA.

## **USE OF TOBACCO PRODUCTS**

The use of tobacco products by a student-athlete is prohibited at any team function (See definition of team function under Alcohol Consumption). A student-athlete who uses tobacco products during practice or competition shall be disqualified for the remainder of that practice or competition (adopted by NCAA 1/11/94, effective 8/1/94).

#### **HARASSMENT**

At the New Mexico State University, student-athletes are part of a culturally and socially diverse community. They are expected to respect the dignity and sensitivity of all members of that community regardless of their national, ethnic or cultural background, sexual orientation, gender, ability or creed.

Consistent with the University's policy actions that intentionally intimidate, humiliate or demean individuals or groups are unacceptable and will not be tolerated. Student-athletes are expected to contribute to an environment that promotes community spirit and develops positive understanding and interactive relationships.

Observation of any acts of harassment must be reported to the NMSU Police Department or the office of Student Judicial Services.

#### SEXUAL HARASSMENT

The NCAA requires that all student-athletes, coaches and staff be educated each year on sexual violence prevention, intervention and response, to the extent allowable by state law and collective bargaining agreements.

New Mexico State University has clearly stated that sexual harassment will not be tolerated on campus. Sexual harassment is defined as:

- (1) Unwelcome sexual advances
- (2) Unwelcome requests for sexual favors
- (3) Other behavior of a sexual nature where
  - A. Submission to such conduct is made whether explicitly or implicitly a term or condition of an individual's employment or participation in a university-sponsored educational program or activity
  - B. Submission to or rejection of such conduct by an individual is used as the basis for academic or employment decision affecting that individual
  - C. Such conduct has the purpose or effect of unreasonably interfering with an individual's academic or work performance, or of creating an intimidating, hostile, or offensive educational or working environment.

Rape or sexual assault is commonly perceived as a violent and forceful act perpetrated by a stranger. In fact, rape by an acquaintance, known as date rape, is far more common and usually involves the use of alcohol.

Typically, in date rape or acquaintance rape the two parties are familiar with one another and perhaps even friends. The situation may begin with a date or merely informal socializing at a party, alcohol is consumed and an assorted set of signals sent and received between two individuals, real or perceived. The end result is a sexual encounter that may have been preceded by a series of consensual activities, at least in the mind of one of the partners. However, date rape should never be considered a misunderstanding or a communication problem. "No" means "no" at any time. Student-athletes are expected to comport themselves in a manner where the rights of others are respected. Inappropriate sexual behavior, including verbal harassment, may result in sanctions by the University, Department of Intercollegiate Athletics and civil authorities.

#### **HAZING**

Hazing is a fundamental violation of human dignity. It is strictly prohibited at NMSU. The University defines hazing as "intentionally or recklessly subjecting any person to the risk of bodily harm, or severe emotional distress, or causing or encouraging any person to commit an act that would be a violation of law or university regulations, for the purpose of initiating, promoting, fostering, or confirming any form of affiliation with a student group or organization, as defined by the Code of Student Conduct. The expressed or implied consent of the victim will not be a defense." Examples of hazing include, but are not limited to:

- · Forced consumption of alcohol or other substances
- Sleep deprivation
- Use of alcohol in drinking games or contests
- Paddling
- Forced tattooing or branding
- Creation of excessive fatigue
- · Compulsory servitude
- Theft or misuse of property belonging to others

All members of the University community share the responsibility to challenge and make known to the office of Judicial Programs acts of apparent hazing.

Apathy in the presence of hazing, or acquiescence to hazing, are not neutral acts. Individuals who participate in acts of hazing as perpetrators or victims are personally accountable under this policy, and the Code of Student Conduct.

#### **GAMBLING & BRIBERY**

Gambling on the outcome of athletic contests is all too prevalent in our society and can have a devastating effect on student-athletes if they engage in such activity.

Student-athletes and Athletic Staff members shall not knowingly:

- Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition
- 2. Solicit a bet on any intercollegiate team
- 3. Accept a bet on any team representing the institution
- Solicit or accept a bet on any intercollegiate competition for any item (e.g. cash, shirt, dinner) that has a tangible value
- 5. Participate in any gambling activity that involves intercollegiate athletics through a bookmaker, a parlay card or any other method employed by organized gambling, including gambling activity conducted in a state sanctioned casino [NCAA Bylaw 10.3];
- Solicit or accept a bet on a professional athletic team for a sport that has a NCAA sanctioned championship
- 7. Provide information to any individuals (including students and non-students) involved in organized gambling activities concerning intercollegiate athletic competition. Such information might include the mental attitude of a team or certain members of a team, the physical condition of certain individuals on a team, etc.

Examples of Non-Permissible Gambling Activities:

- Soliciting or accepting a bet on a Bowl Game, or Final Four Game
- Participating in a football or basketball pool, regardless of the size of the entrance fee
  or prize, including Fantasy Leagues via the Internet
- Soliciting or accepting a bet on a NFL, NBA, or MLB game
- Soliciting or accepting a bet on any aspect of an intercollegiate competition even on statistical categories (# of homeruns, # of penalties, yardage earned, etc.)

Any knowledge of student-athletes or Athletics administration or coaching staff members' involvement in any of the above activities should be reported immediately to the Director of Athletics.

FALL SEMEST (August 17 – Decem		
Resident Halls Open	Saturday-Sunday	August 13-14
Faculty Report	Monday	August 15
Fall Convocation	Tuesday	August 16
Instruction Begins	Wednesday	August 17
Late Registration	Wednesday	August 17
Last Day to Add a Course without Instructor's Permission	Thursday	August 18
Deadline For Filing Degree Application (Students meeting requirements at end of fall)	Friday	August 26
Last Day to add a Course (Instructor's Permission Required)	Friday	August 26
Last Day to Drop a Course without a "W" (100% refund)	Friday	September 2
Labor Day Holiday	Monday	September 5
Window for early performance grades	Friday-Tuesday	September 23-27
Last Day to Drop Course with "W" (Except courses carrying designated dates)	Friday	October 14
Last Day to Withdraw from the University (by 4:59 p.m.)	Friday	December 2
Thanksgiving Holiday for Students	Monday-Friday	November 21-25
EXAM WEEK	Monday-Friday	December 5-9
Last Day of Classes	Friday	December 9
Commencement	Friday-Saturday	December 9-10
Campus Housing Closes	Saturday	December 10
Final Grades Due	Tuesday	December 13



SPRING SEMEST (January 18 – May		
Faculty Report	Thursday	January 12
Curriculum Study & Improvement of Instruction	Thursday-Friday	January 12-13
Campus Housing Opens	Sunday	January 15
Martin Luther King Holiday	Monday	January 16
Spring Convocation	Tuesday	January 17
Instruction Begins	Wednesday	January 18
Last Day to Add a Course without Instructor's Permission	Thursday	January 19
Deadline for Filing Degree Application (Students meeting requirements at end of spring)	Friday	January 27
Last Day to Add a Course (Instructor's Permission Required)	Friday	January 27
Last Day to Drop a Course without a "W" (100% refund)	Friday	February 3
Window for early performance grades	Friday-Tuesday	February 24-28
Last Day to Drop Course with "W" (Except courses carrying designated dates)	Thursday	March 23
Spring Break	Monday-Friday	March 13-17
Spring Holiday	Friday	April 7
Last Day to Withdraw from the University (by 4:59 p.m.)	Friday	May 5
EXAM WEEK	Monday-Friday	May 8-12
Last Day of Classes	Friday	May 12
Commencement	Friday-Saturday	May 12-13
Campus Housing Closes	Saturday	May 13
Final Grades Due	Tuesday	May 16



SUMMER SESS (May 17 – Augus		
Memorial Day Holiday	Monday	May 29
Campus Housing Opens	Tuesday	May 23
Faculty Report	Monday	May 22
Instruction Begins	Wednesday	May 24
Last Day to Add a Course without Instructor's Permission	Thursday	May 25
Last Day to Add a Course (Instructor's Permission Required)	Wednesday	May 31
Independence Day Holiday	Tuesday	July 4
Last Day to Drop a Course with "W"	Monday	July 3
Deadline for Filing Degree Application	Monday	July 3
Last Day to Withdraw from the University (by 4:59 p.m.)	Thursday	July 27
Last Day of Classes	Thursday	August 3
Campus Housing Closes	Friday	August 4
Final Grades Due	Monday	August 7

2022-2023 UNIVERSI CAMPUS OFFICES		
Labor Day	Monday	September 5
Thanksgiving Holiday	Thursday-Friday	November 24-25
Winter Holiday	Friday-Monday	December 23-January 2
Martin Luther King Holiday	Monday	January 16
Spring Break	Monday-Friday	March 13-17
Spring Holiday	Friday	April 7
Memorial Day Holiday	Monday	May 29
Independence Day Observance	Tuesday	July 4



## **CALENDAR YEARS**

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